



## Creative Fibre Education

Tutor: Liz Wilson

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### Contact Details

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### Biography

Textile art in many forms interests me, and I've dabbled in a few, including felting, tapestry weaving, marbling, mosaics and mixed media, but my main interests are creative contemporary embroidery, indigo dyeing, shibori and eco leaf printing.

My mother taught me to knit and sew my own clothes, and a little embroidery as I grew up. While living in England for a few years with a grown family I had the time to do more. I was lucky to have easy access to a variety of workshops in textiles: embroidery, mixed media, book making techniques, and dyeing, etc, with well known textile artists.

This has led me over the years to my love of the serendipity of indigo dyeing and shibori, and also leaf printing. I now often combine these in making art pieces – books, wall-hangings and pictures, and also dyeing scarves and other clothing.

I belong to both the Tauranga Embroiderers Guild, and Mount Maunganui Creative Fibre group, and also to Stitchbirds, a small group of four friends who met through the Embroiderers Guild. They meet to support and encourage each other in creative embroidery and a variety of textile work. Stitchbirds holds an exhibition every two years, to exhibit our own work, and to try to promote textile work and stitching to be seen and accepted as art.

I now teach Indigo Dye and Shibori; and Leaf Print, to all levels of ability.

My other loves: Scottish country dancing, reading, gardening.

### Workshops

Page	Title	Level	Duration	Available For
2	Blue Heaven Indigo Dye and Shibori	Any	Two days (12 hours)	National, area/local, travelling tutor
3	Eco Leaf Print	Any	One day (6 hours) or two days (12 hours)	National, area/local, travelling tutor



## Creative Fibre Workshop

### Blue Heaven Indigo Dye and Shibori

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#### Description

In this one or two day workshop, I will share my passion for, and the participants will learn, the ancient art of indigo dyeing and of shibori. Shibori is a Japanese word denoting resist dyeing, using a variety of techniques techniques, including stitching, binding clamping and pole wrapping.

I will teach you how to make up and look after your own individual indigo vat for use during the workshop, and you will be able to take this home at the end of the workshop for further use.

You will then learn some of these shibori techniques to apply to your neutral coloured natural fibre (silk, cotton, linen etc) fabric, then dye it in the indigo vat you have prepared, producing one-off works of art in a variety of blue and white patterns.

Available for:	National, local/area, travelling tutor
Level	Any
Minimum No. of Participants	5
Maximum No. of Participants	12
Duration	Two days, six hours each
Learning Outcomes	Preparing and caring for an indigo vat. Various shibori techniques learned. The fabric could be small samples which can then be used for or work cushions, bags, wall hangings, book covers etc. Or bigger pieces can be prepared, including scarves and recycled clothing. At the conclusion of the workshop, the participants would expect to take away samples, or ready to wear scarf or clothing supplied by them'
Materials Required by Participants	A needs list will be sent to the participants – basic things which on the whole you have at home, but too long to list here! Important things are: <ul style="list-style-type: none"><li>• 10 litre bucket with fitting lid, rubber dish washing gloves, variety of weights of string/thread/fine rope.</li><li>• Natural fabric.</li></ul>
Materials Provided by Tutor	<ul style="list-style-type: none"><li>• All ingredients needed for Indigo vat.</li><li>• About five small sample pieces (approx 25x25cm) in variety of weight and type of fabric (mix of silk and cotton).</li><li>• Mask if needed.</li></ul>
Materials Fee	To be advised.
Advance Preparation	Fabric to be well washed.
Classroom Facilities	<ul style="list-style-type: none"><li>• Ample running water, preferably outside, preferably under cover.</li><li>• Iron and ironing board x 2.</li><li>• Tables – one per every two students.</li><li>• Plastic table coverings.</li></ul>



## Creative Fibre Workshop

### Eco Leaf Print

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#### Description

Print on fabric or paper with botanical materials (leaves, roots, flowers) gathered previously, or from foraging on the day. The plant material is applied to fabric or paper, and the direct contact with added heat, will impart the natural dyes and tannins from the plant matter to the fabric.

There will be some limited use of natural dyes and mordants.

The results can be used for cushion covers, book covers, wall hangings, scarves, as well as revamping old clothes, or the pieces can be kept as samples.

Available for:	National, local/area, travelling tutor
Level	Any
Minimum No. of Participants	5
Maximum No. of Participants	10
Duration	One day (six hours), or two days (12 hours)
Learning Outcomes	<p>The participant will learn about what leaves and other plant material will print well, and how to successfully obtain a clear print.</p> <p>At the conclusion of the workshop, the participants would expect to take away samples, also ready to wear scarves or upcycled clothing etc. if brought by participant.</p>
Materials Required by Participants	<p>Material needs list sent 10 days before class, but main things:</p> <ul style="list-style-type: none"><li>• Fabric and paper</li><li>• String/fine rope etc</li><li>• Disposable gloves</li><li>• Leaves</li></ul>
Materials Provided by Tutor	<ul style="list-style-type: none"><li>• Heat source (gas stove etc)</li><li>• Pots</li><li>• Heat proof gloves</li><li>• Any dyes/mordants needed</li><li>• Fabric samples – about 3 pieces 30 x 30, silk and cotton</li></ul>
Materials Fee	To be advised.
Advance Preparation	Collection of leaves and plant material.
Classroom Facilities	<p>Tables – at least one per every two students.</p> <p>Covering for tables.</p> <p>Iron and ironing boards x 2.</p> <p>Outdoor space - preferably covered deck area for having the gas stoves.</p>